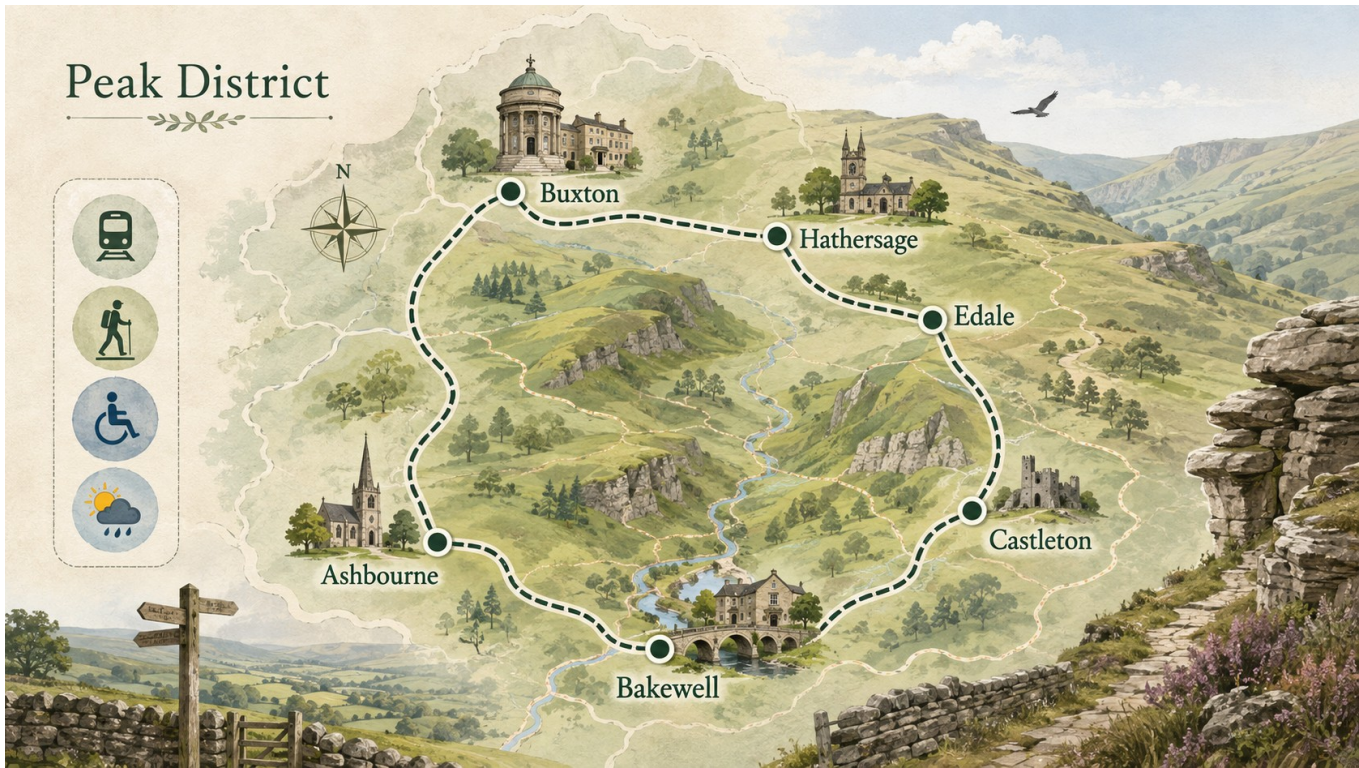




PEAK DISTRICT FIRST-TRIP PLANNER

Route, weather and transport planning for a calmer first visit

Trip date(s)	
Chosen base	
Main landscape	
Main activity	
Group size	Least experienced person:
Turnaround time	Planned return time:

- ☐ We have chosen one base rather than trying to cross the National Park repeatedly.

☐ The main activity suits the least experienced person in the group.

☐ We have a weather alternative and a transport or parking backup.

☐ The plan leaves time for stops, slower terrain and an unhurried return journey.

1. Route and group fit

Distance alone is not enough: note ascent, surface, exposure, navigation and escape options.

Route / activity	_____
Start point	_____
Finish / return	_____
Distance	_____ Estimated time: _____
Ascent / gradient	_____
Surface	_____
Exposure	_____
Navigation	_____
Stream crossings	_____
Escape / shorten points	_____

Route check

☐ The route is from a current map or reliable route guide. ☐ The route fits available daylight and includes a clear turnaround point. ☐ Everyone understands the plan and the conditions that would make us turn back.	☐ We know whether it follows a public right of way, all-user trail or open access land. ☐ Footwear is suited to the surface and expected conditions. ☐ For an easier outing, we have checked traffic-free trails or Miles Without Stiles information.
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Route notes, accessibility needs or group limits

2. Weather, clothing and responsible access

Check a local or mountain forecast on the morning and make the plan easier when conditions demand it.

Forecast source	_____
Checked at	_____ Forecast for: _____
Temperature	_____ Wind: _____
Rain / visibility	_____
Daylight	Sunrise: _____ Sunset: _____
Weather alternative	_____

Carry and wear

☐ Waterproof layer	☐ Warm layer
☐ Water	☐ Food / snacks
☐ Charged phone	☐ Downloaded route information
☐ Suitable footwear	☐ Extra water in hot, dry conditions

Access and countryside check

☐ We will follow signs, closures and local restrictions.	☐ We will leave gates and property as we find them.
☐ We will take litter home and avoid disturbing livestock or wildlife.	☐ We will not use a disposable barbecue or light a fire on access land.
☐ Any dog route is physically suitable, with water and waste bags packed.	☐ Dogs will be kept on a short lead around livestock and where wildlife may be disturbed.

Weather decision and fallback notes

3. Transport, parking and final checks

Save the information before leaving accommodation; rural signal and services may be limited.

Public transport plan

Outbound service	_____
Departure / arrival	_____
Return service	_____
Last practical return	_____
Backup service / taxi	_____
Offline details saved	☐ Timetable ☐ Ticket ☐ Route to stop / station

Driving and parking plan

Official car park	_____
Arrival location saved	_____
Alternative car park	_____
Payment / opening notes	_____
Do not park	On verges, by farm gates, on restricted roads, or where access is obstructed.

Evening-before confirmation

☐ Forecast checked	☐ Route status checked
☐ Parking or timetable checked	☐ Opening details checked where relevant
☐ Daylight checked	☐ Clothing and kit packed
☐ Group limits discussed	☐ Turnaround point agreed
☐ Route and return details shared	☐ Weather and transport backups saved

Final changes or emergency information
